

MOST NEEDED ITEMS

- Tents (sleep family of four-six)
- Tarps
- Sleeping bags or Light blankets
- Flashlights (solar or self-powered preferred)
- Nylon ropes
- Waterproof matches

MEDICAL SUPPLIES

- Milk of magnesium
- Gauze rolls or pads
- Hydrogen peroxide
- Tape
- Ace wraps
- Crutches, Wheelchairs, Walkers or Canes
- Band-Aids (assorted sizes)
- Alcohol wipes
- Bandage/ Medical tape
- First aid kits
- Triple antibiotic ointment (Micatin/Monistat)
- Cortisone: Hydrocortisone 1% cream (weaker potency)
- Cough drops
- Acetaminophen Adult (extra Strength) 500 mg tablets
- Ibuprofen (Motrin) 200 mg tablets
- Motrin
- TUMS - Antacid only
- Lubricant eye drops
- Multivitamin tablets

OTHER ITEMS NEEDED

- Extension Cords
- Tooth paste and Tooth Brushes
- Soap
- Deodorant
- Work Gloves
- Hand Sanitizer
- Bug Spray
- Battery Powered Lanterns
- Crank powered batteries (Of all sizes)
- Batteries (of all sizes)
- Pack of socks, underwear and t-shirts

INFANT NEED

- Baby aspirin
- Baby diaper and wipes
- Canned baby formula and Bottles for formula
- Diaper rash cream

FOOD

- Rice
- Oil
- Bags of beans
- Canned Foods
- Water